

#### **AGE Platform Europe**

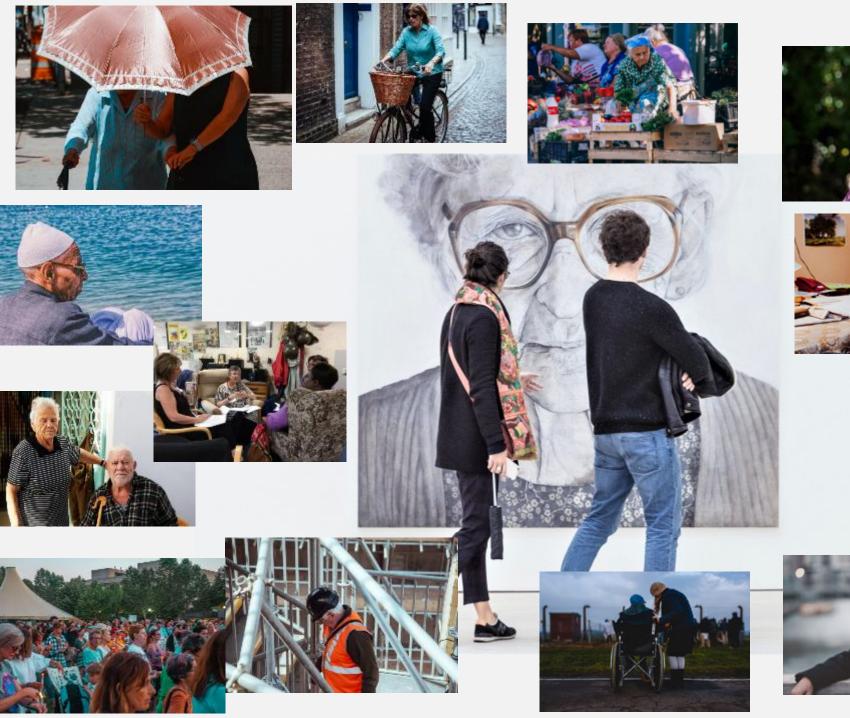
The voice of older persons at EU level



## Supporting healthy ageing through age-friendly environments

Sharing beyond borders – Danubenetworkers – Conference 2020

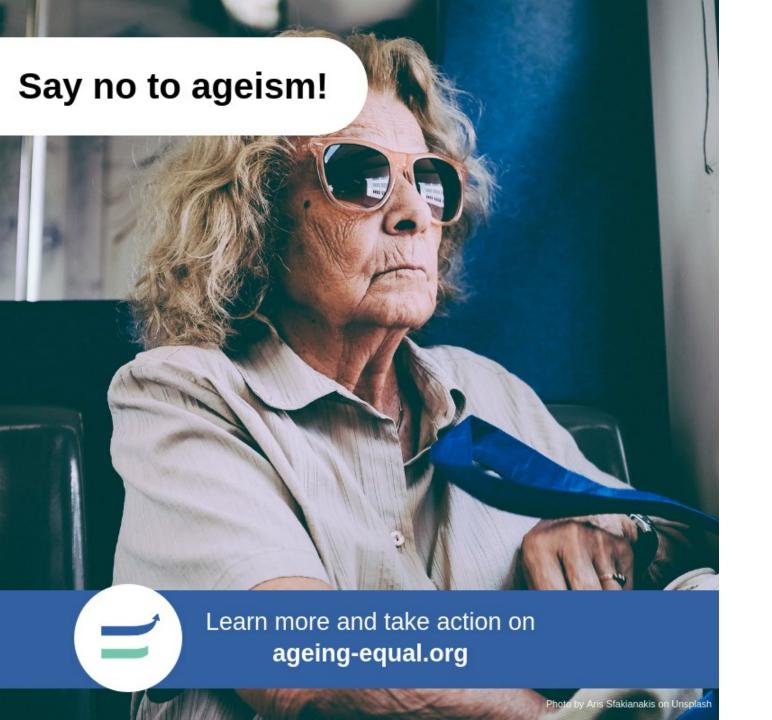














**#STANDUP4HUMANRIGHTS** 



Medical	<u>Care</u>	Citizenship
Patient	Customer	Citizen
Focus on individual	Focus on individual, family and informal networks	Focus on neighbourhood and city
Clinical interventions	Care interventions	Promoting social capital and participation
Commission for 'frail elderly'	Commission for vulnerable people	Age-proofing universal services
Prevention of entry to hospital	Prevention to delay entry to care system	Reducing social exclusion
Health (and care system)	Whole system	Changing social structure and attitudes



## Global Age-friendly Cities: A Guide



"Because older people are the ultimate experts on their own lives, WHO and its partners in each city have involved older people as full participants in the project. Project leaders sought the firsthand experience of older people".



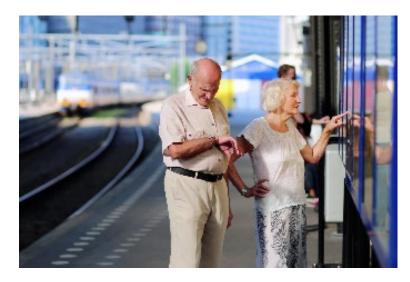


### Loneliness and social isolation





## Accessibility









## Living/Ageing in place









I will put forward a Green Paper on ageing to assess what can and needs to be done, notably to foster active ageing and look whether our social protection systems are fit for an older population.

Dubravka Šuica, Vice President for Democracy and Demography



## Decade of Healthy Ageing (2020-2030)

Improve the live of older people, their families and their communities

4 areas of action:

- Ageism
- Age-friendly environments
- Integrated Care
- Long-term care

Launch planned on 1 October 2020 <a href="https://www.who.int/ageing/decade-of-healthy-ageing">https://www.who.int/ageing/decade-of-healthy-ageing</a>



Decade of Healthy Agei

#### Conclusion

#### **Changing our mindset**

Age-friendly environments are a key tool to enhance healthy ageing and "enable older people to be and to do what they value most" (WHO, 2020). How to change our vision and not reduce older people to vulnerable patients?

#### COVID-19 as a game changer

How to turn the COVID-19 outbreak into an opportunity and draw lessons from this dire period?



Some key ressources (for information)









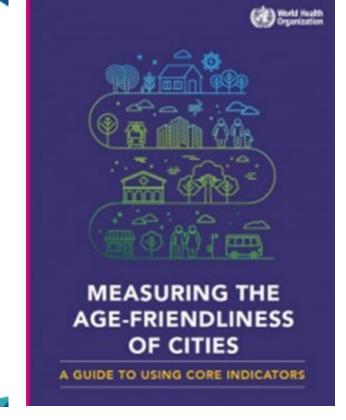


A handbook of domains for policy action



Indicators, monitoring and assessments









IMPLEMENTATION FRAMEWORK FOR
PHASE VII (2019–2024)
OF THE WHO EUROPEAN HEALTHY CITIES NETWORK:

GOALS, REQUIREMENTS AND STRATEGIC APPROACHES

FINAL



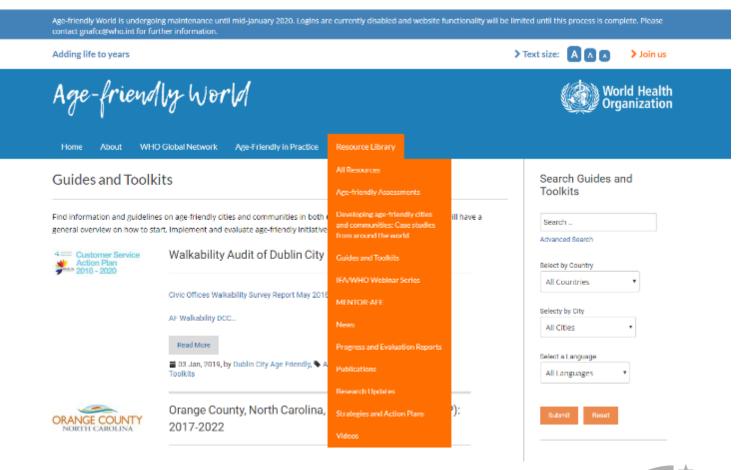


- From the WHO Europe Office: Age-Friendly Environments in Europe and Healthy Cities Network
- From the WHO Centre in Kobe

# Inspiring examples and guides

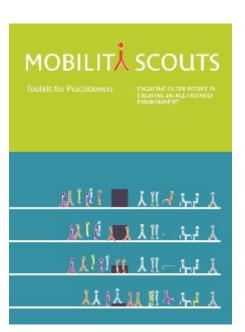
Global Network of Age-Friendly Cities and Communities:

https://extranet.who.int/agefr iendlyworld/category/guidesand-tools/





## EU funded projects (1/2)



The overall objective of the **project Mobility Scouts** is to involve older men and women in decision making processes and enable and empower them to contribute to the creation of age-friendly environments and services as co-producers - <a href="http://www.mobility-scouts.eu/">http://www.mobility-scouts.eu/</a>



#### **AFE Activists**

Support and train older adults who want to promote and foster age-friendly environments in their cities and communities and to influence municipal agencies in their decision making so that the infrastructures and services are adapted to the diverse capacities, realities, needs and preferences of all residents of all ages. <a href="https://afe-activists.eu/">https://afe-activists.eu/</a>



Encouraging and recognising the contributions of people 80+

#### **Invisible Talents**

Invisible Talens supports health and social service providers in residential and/or community settings as well as citizens initiatives working with very old people in self-assessing the status-quo of participation and engagement opportunities in their organisation and developing concrete actions that make talents visible. <a href="https://www.invisible-talents.eu/">https://www.invisible-talents.eu/</a>



## EU funded projects (2/2)

**Homes4Life** addresses the challenge of the adaptation of the building stock to ageing in place by contributing to the development of a new European certification scheme. The scheme will be based on an inspirational and realistic long-term vision of people's needs and requirements in a holistic life-course approach and help develop better living environments integrating construction and digital solutions where this is beneficial. <a href="http://www.homes4life.eu/">http://www.homes4life.eu/</a>

**Towards an age-friendly alpine space** aims at enhancing the capacities of public authorities and service providers in the Alpine Space to develop sustainable age-friendly environments. .A.A.F.E aims at enhancing the capacities of public authorities and service providers in the Alpine Space to develop sustainable age-friendly environments. <a href="https://www.alpine-space.eu/projects/taafe/en/home">https://www.alpine-space.eu/projects/taafe/en/home</a>



**ACPA project – Adapting Cities to Population Ageing** - coordinated by ESPON: comparison between 8 European Cities on how to manage with demographic change and ageing - all of them being involved in the age-friendly environments topics - <a href="https://www.espon.eu/ACPA">https://www.espon.eu/ACPA</a>. The final reports will be available soon.











#### Want to know more about us?



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